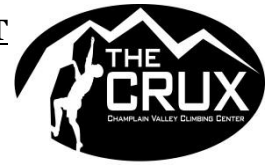




INDIVIDUAL RELEASE AND HOLD-HARMLESS AGREEMENT

Camp Pok-O-Moonshine, Inc.



The CruX Rock Climbing Center Rules

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| <ul style="list-style-type: none"> • Belay at the skill level you are certified. (You must be 14 years or older to become CruX Belay Certified.) • No sitting while belaying • Children under 12 must have supervision at all times • No running in the building • Proper language must be used at all times. • No food or drink on climbing mats • Climbers must be lowered at appropriate speed. • No swinging on ropes | <ul style="list-style-type: none"> • No bouldering, climbing or standing under other climbers • No bouldering above head height • Clip into harness, not directly into daisy chain • No alcohol or drugs on the premises • No loose chalk; chalk balls only • Climbing shoes are required on all climbing surfaces. • Helmets mandatory for anyone 14 years of age or under; they are strongly recommended for everyone else! • Instruction can only be given by staff of The CruX. |
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*Indoor rock climbing at **The CruX** is exciting, challenging and physically demanding. Our instructors are trained to supervise activities by a veteran instructor certified by American Mountain Guides Association in Single Pitch Instruction.*

Acknowledgment of Inherent Risks

While the staff aims to provide me with a safe and enjoyable experience, I realize that there is a certain degree of personal injury risk inherent in rock climbing activities when I participate. Although I will be instructed in safe practices in these activities, there are additional and unpredictable hazards relating to these activities that cannot be anticipated.

Assumption of Risk and My Responsibility

Knowing the physical risks inherent in these activities, I understand that I must assume responsibility for my own safety and the safety of other group members. This responsibility requires that I obey all rules and guidelines at all times and ask questions if I do not understand instructions given by instructors/staff. Further, I agree to pay attention to the condition of the equipment I may use (including but not limited to ropes, anchors, and climbing equipment) and immediately report to an instructor any perceived defect in the equipment. It is recommended that I wear a helmet, and it is mandatory that I wear a helmet if I am 14 years of age or younger.

Release and Hold-Harmless

In consideration of the services and equipment provided to me, I, for myself and/or any minor child for which I am a parent or legal guardian or otherwise responsible, do hereby release, hold-harmless and waive all claims associated with the activities in which I will engage at **The CruX**, as of the date of this agreement and for all subsequent visits, releasing Camp Pok-O-Moonshine, Inc., Pok-O-MacCready Outdoor Education Center, its members, directors, agents, assigns, employees and volunteers from any and all liability, personal injury or property claim for myself, my heirs, personal representatives or assigns. I also assume all risk and liability with respect to any claim I may have as a result of my use of my own equipment and/or my participation in activities with any person I bring to assist in such activities at **The CruX**. If I am 15 years of age or older and choose not to wear a helmet, I assume all risk and liability for injuries incurred as a result of and/or in consequence of not wearing a helmet.

Authorization

I hereby authorize any medical treatment deemed necessary in the event of an injury while participating in any activity at **The CruX**. I agree that any film or photographs of myself as a participant may become the property of Camp Pok-O-Moonshine, Inc and may be used for promotional purposes.

Name of Participant: _____ Date of Birth: _____

Signature (if 18 or older): _____ Date: _____

Emergency contact phone#: _____ Name: _____

If participant is under 18 years of age, a parent or guardian must sign this release.

Name of Parent/Guardian (please print): _____

Parent/Guardian Signature: _____ Date: _____