

HEALTH

Department Objectives:

1. To help young people develop positive social behaviors such as self-discipline, responsibility, good judgment and the ability to get along with others.
2. To help young people develop strong commitments to their families, schools, positive peers and communities, including a commitment to lead healthy, drug-free lives.

Health (Grades 10-12)

One Semester

½ Credit

A comprehensive look at today's most critical health issues, which aim at cultivating sound personal health habits. Students are taught to think objectively and how to cope with today's stressors. Students are also prepared to deal with the challenges of life. Preventing tobacco, alcohol and drug use are key class goals. This class is needed to meet graduation requirements.

Students are required to do current event articles and to give a Presentation to the class. A final exam is required.