

Primary School Intermediate School

Monday

Tuesday

Wednesday

Thursday

Friday

March 2010

Cafeteria Phone Numbers

Primary 643-6108
Intermediate 643-6225

Cafeteria Services

*****NEW*****
Parents Check Account balances & Prepay meals On Line!!
1-Go to www.perucsd.org
2-Click on Cafeteria Services
3-Click on mynutrikids.com logo
4-Click on the "Sign-Up-Here" Bubble
5-If you have any questions Call 643-6026

22 Breakfasts
21 Lunches

Menu subject to change without notice

All lunches include milk

Cheese or Peanut Butter Sandwiches Available daily

Lunch Prices

Students: \$1.75

Second Lunch: \$2.25

Reduced: \$.25

Milk: \$.50

Adult: \$4.00

Breakfast Prices

Student: \$1.00

Reduced: \$.25

Adult: \$2.00

Breakfast Menu

Monday
Combo Bar (Ham & Cheese)
Toast
Fruit
Milk

Tuesday
Fruit Muffin
Fruit & Milk

Wednesday
Yogurt Parfait
Graham Crackers
Milk

Thursday
Assorted Cereal
Half Bagel
Fruit & Milk

Friday
Ham & Cheese
On English Muffin
Fruit
Milk

Find the Menu & More on the Peru Website
www.perucsd.org
-Cafeteria Services

	1 Day 3	2 Day 4	3 Day 5	4 Day 6	5 Day 1
	Grilled Cheese Sandwich On Wheat Bread Tomato Pasta Soup Steamed Peas Chilled Applesauce	Michigan Or Hot Dog On Wheat Roll Potato Rounds Oven Baked Beans Chilled Pineapple	Hard or Soft Shell Taco Meat, Cheese, Lettuce Salsa, Hot Sauce Steamed Corn Brown Rice Chilled Mandarin Oranges	Turkey & Cheese Sub Lettuce/Tomato/Onion Mayo & Mustard Pasta Salad Blueberry Crunch	Stuffed Crust Pizza Pepperoni Or Cheese Carrot Sticks Ranch Dressing Strawberry Cup
	8 Day 2	9 Day 3	10 Day 4	11 Day 5	12 Day 6
	Chicken Nuggets Dipping Sauce Oriental Rice Steamed Peas & Carrots Chilled Peaches	Spaghetti & Meat Sauce Or Marinara Mozzarella Cheese Sticks Steamed Green Beans Chilled Pears	Nachos-Tortilla Chips Meat & Cheese Sauce Refried Beans/Scallions Salsa/Olives/Sour Cream Brown Rice & Corn Chilled Apricots	Brunch French Toast & Syrup Baked Ham Slices Chilled Mixed Fruit Banana	Peru Pizza Day Pepperoni or Cheese Garden Salad Dressing Apple Slices
	15 Day 1	16 Day 2	17 Day 3	18 Day 4	19
	Chicken Tenders Dipping Sauce Seasoned Noodles Steamed Broccoli Orange Half	Ham & Cheese Sub Melt Lettuce & Tomato Turkey Noodle Soup Potato Rounds Cherry Crisp	 Pizza Cheese or Hawaiian California Blend Veggies Apple	Staff Development Early Dismissal K - 12 HS/MS- 4-7:30 PM Elem 3:30-7 PM	No School Superintendent's Conference Day HS/MS- 7:30-10:30 AM Elem- 8-11 AM
	22 Day 5	23 Day 6	24 Day 1	25 Day 2	26 Day 3
	Deluxe Hamburger Wheat Roll Cheese & Pickles Lettuce & Tomato Oven Baked Fries Chilled Applesauce	Popcorn Chicken Dipping Sauces Mashed Potatoes Gravy Steamed Corn Chilled Apricots	Hard or Soft Shell Taco Meat, Cheese, Lettuce Salsa, Hot Sauce Steamed Corn Brown Rice Chilled Pineapple	Macaroni & Cheese Bread Stick Steamed Peas & Carrots Chilled Fruit Cocktail	Tony's Pizza Cheese or Pepperoni Herbed Rice Mixed Vegetables Chilled Peaches
	29 Day 4	30 Day 5	30 Day 6		
	Chicken Patty Sandwich Wheat Roll Lettuce & Tomato Cauliflower Blend Veggies Chilled Pears	Hot Dog Wheat Roll Catsup & Mustard Pasta Salad Steamed Mandarin Oranges	Chef Salad w/ Meat & Cheese Croutons & Dressing Italian Bread Sticks Pizza Cheese Sauce Cherry Crumble		Help Wanted Substitute Food Service Helpers \$8.87/hr. Between 10:30 AM-1:30 PM. Call 643-6026